MCH and Local Prevention Plans



Colorado Maternal and Child Health Prevention Services Division www.mchcolorado.org

2021 - 2025



What is MCH?

- Funding source
- Program
- Defined population
- Profession or field of study

Today, when we say MCH, we are referring to MCH as a program, a funding source and/or a population.



Today's Agenda

- 1. Federal/National Overview
- 2. Colorado's MCH Program
 - State
 - Local
- 3. MCH Partners, Roles and Resources





Federal / National Overview

Title V MCH Block Grant - Fund Source

- Began in 1935 as part of Social Security Act
- Administered by Maternal and Child Health Bureau, HRSA, U.S. DHHS
- Provides \$650 million in funding to
 59 states and jurisdictions



Block Grant Requirements - Funding

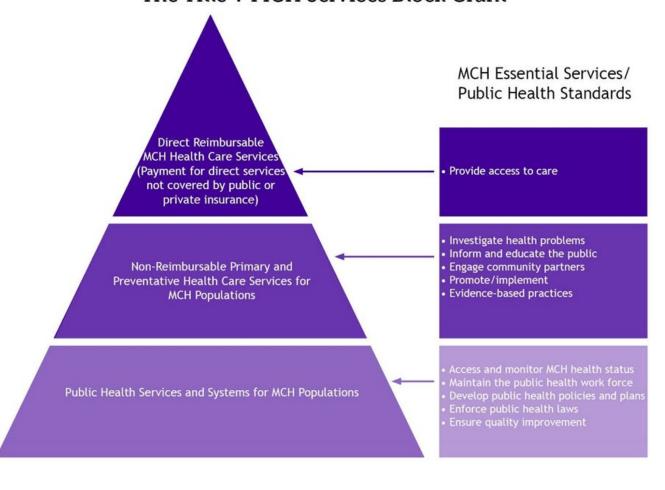
30/30/10

- At least 30% of total BG funds must be allocated to child/adolescent population
- At least 30% of total BG funds must allocated to CYSHCN population
- No more than 10% administrative cost
- Remainder is flexible by state priority



Title V MCH Block Grant - Program

Public Health Services for MCH Populations: The Title V MCH Services Block Grant





Block Grant Requirements - Program

- Conduct state-level needs assessment (NA) once every five years on the MCH population
- Use NA results to identify priorities to guide work for the next five years
- Administer a state hotline for MCH health info



Title V MCH Block Grant - Population

- Infants
- Children
- Youth
- Children and Youth with Special Health Care Needs (CYSHCN)
- Women of Reproductive Age (WORA)
- Cross-cutting/Life Course



Block Grant Requirements - Population

- Address 5 national performance measures with at least one from the 5 federal MCH population domains.
- Identify and address state performance measures for each priority not being addressed by the NPMs.

| NPH# | National Performance Priority Area | MCH Population Domains |
|------|---------------------------------------|---|
| 1 | Well-woman visit | Women/maternal health |
| 2 | Low-risk cesarean delivery | Women/maternal health |
| 3 | Perinatal regionalization | Perinatal/infant health |
| 4 | Breastfeeding | Perinatal/infant health |
| 5 | Safe sleep | Perinatal/infant health |
| 6 | Developmental screening | Child health |
| 7 | Injury | Child health and/or adolescent health |
| 8 | Physical activity | Child health and/or adolescent health |
| 9 | Bullying | Adolescent health |
| 10 | Adolescent well-visit | Adolescent health |
| 11 | Medical home | Children with special health care needs |
| 12 | Transition | Children with special health care needs |
| 13 | Oral health | Cross-cutting/life course |
| 14 | Smoking | Cross-cutting/life course |
| 15 | Adequate insurance coverage | Cross-cutting/life course |





Colorado MCH Overview



Colorado MCH - Funding

- \$9.9 million total
 - MCH federal award (~\$7.34 million)
 - Colorado state long bill allocation (~\$2.54 million) for CYSHCN there is a 5% reduction this year, which was absorbed by the state.
- \$4.1 million to CDPHE state strategies (41%)
- \$5.8 million to local partners and support (59%)



CDPHE MAP

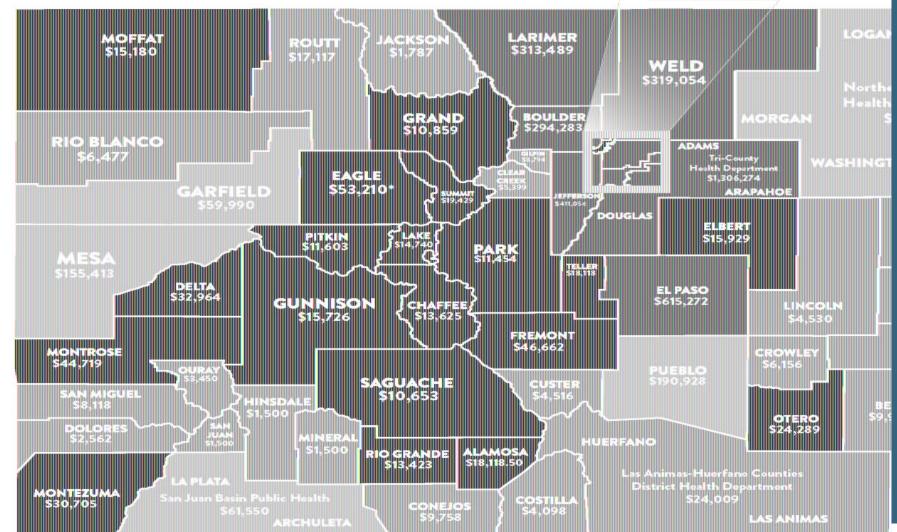
MATERNAL AND CHILD HEALTH FUNDING MAP

Funds are allocated to the county local public health agency. Multi-county agencies are noted.



Contrac manage by OPH

Contrac manage by MCH



2020 MCH Needs Assessment Summary

2020 MCH NEEDS ASSESSMENT SUMMARY

PREVENTION SERVICES DIVISION MATERNAL AND CHILD HEALTH



BACKGROUND

Every five years, Colorado's Maternal and Child Health (MCH) Program conducts a statewide needs assessment of the health and well-being of women, children, youth, and families living in Colorado. Conducting this assessment is both a best practice in public health as well as a requirement of the Title V MCH Block Grant. The goals of the needs assessment are to:

- Gather information to understand which issues impact the MCH population.
- Identify specific priorities for state and local public health to address during the 2021-2025 Title V Block Grant cycle.
- Use the selected MCH priorities to plan and implement public health strategies to positively improve the lives of women, children, youth and their families in Colorado.

PROCESS DESIGN

OCTOBER 2017 - MAY 2018

Title V Block Grant Guidance and Public Health Approach

The <u>Title V Block Grant guidance</u> requires states to implement the public health approach in administering its Title V MCH programs. This approach outlines the importance of engaging stakeholders, assessing needs and capacity, and selecting priorities in order to impact the MCH population and the <u>Title V</u> national performance measures.



- Uses Evidence-Based
 Public Health Framework
- Leverages other state processes and resources
- Integrates cross-sector data and perspectives
- Population domain → Common issues

<u>Learn more here.</u>



MCH Framework



To Increase Community and Family Resilience

STRATEGIC ANCHORS

- · Racial equity
- Community inclusion
- Moving upstream

HEALTH IMPACT AREAS

- Behavioral health
- Access to care
- · Nutrition security

PRIORITIES 2021-2025



Increase prosocial connection



Promote positive child and youth development



Create safe & connected built environments



Increase economic mobility



Improve access to supports



Reduce racial inequities



Increase social emotional well-being





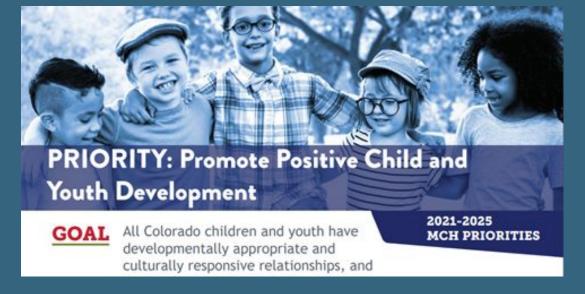


Priority Icons 2021-2025





2021-2025 MCH Priorities



- Increase prosocial connection
- Create safe and connected built environments
- Improve access to supports
- Increase social emotional well-being
- Promote positive child and youth development
- Increase economic mobility
- Reduce racial inequities



2021-2025 Health Impact Areas

- Behavioral Health
 - Access to Care
- Nutrition Security

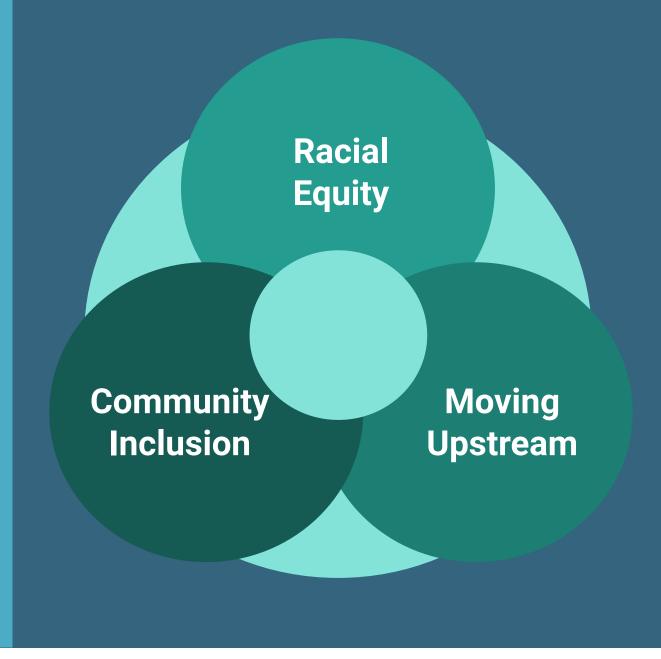
National Performance Measures

- Percent of infants who are ever breastfed and percent of infants who are breastfed exclusively through 6 months
- Percent of children, ages 10 through 71
 months, receiving a developmental screening
 using a parent-completed screening tool
- Percent of adolescents, ages 12 through 17,
 who are bullied or who bully others
- Percent of children with and without special health care needs having a medical home
- Percent of women who smoke during pregnancy



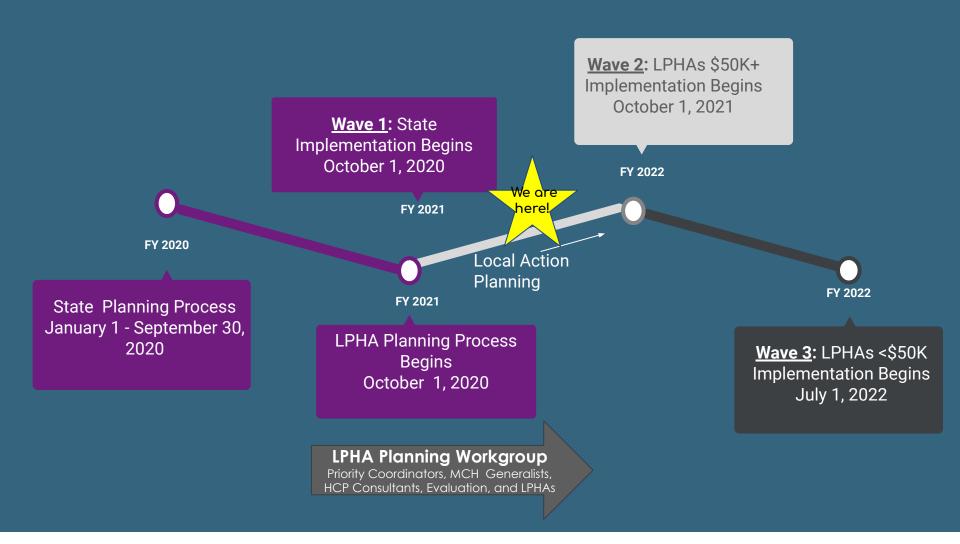
2021-2025 Strategic Anchors

Materials Coming Soon!





MCH 2021-2025 Implementation Waves







MCH Partners, Roles and Resources

National Partners

- Maternal and Child Health Bureau
 - Health Resources and Services Administration U.S. Department of Health and Human Services
 - MCH Navigator
- Association of Maternal and Child Health Programs (AMCHP) - states
 - Innovation Station
- CityMatCH urban city or county health departments (Population >100,000)



Resources

- MCHcolorado.org
- State Logic Models and Action Plans
- NPMs, ESMs, SPMs, SOMs by priority
- MCH Planning Glossary of Terms
- MCH Framework



MCH Workforce Development

Current Priorities:

- 1. Communicate & promote the value of public health across sectors
- 2. Racial Equity
- 3. Influencing Partners and Leaders
- 4. Community Inclusion
- 5. Change Management

NEW Workforce Request System!!!





