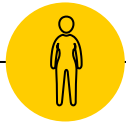


storytelling: an embodied practice



shivani mehta bhatia

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hello!

i am shivani

I make stories about bodies and systems.



stories live in our bodies

*Stories are carried in the body,
and [a story is] edited each time
the person tells it. What you have
by the time someone tells a story
is a **masterclass**.*

“

Ocean Vuong

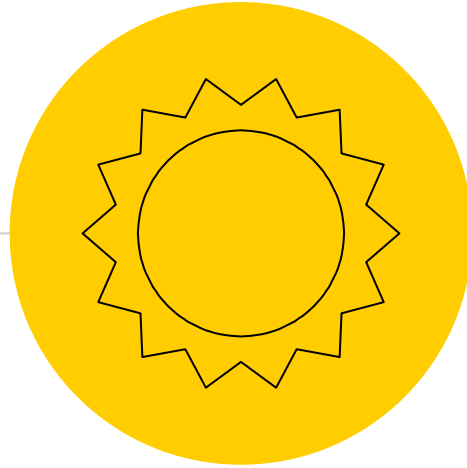


storytelling as **integrating** the past

*When we speak of the ills of the world – violence, poverty, injustice – we are not speaking conceptually; we are talking about things that **happen to bodies.***

“

Sonya Renee Taylor



storytelling as **dreaming
of the future**

*'All organizing is science fiction,'
by which we mean that social
justice work is about creating
systems of justice and equity in
the future, creating conditions
that we have never experienced.*

“

adrienne maree brown



a breath practice



credits & resources

- ◉ “A Life Worth of Our Breath” – Ocean Vuong, in conversation with Krista Tippett, [On Being](#)
- ◉ *Emergent Strategy* – adrienne maree brown
- ◉ *The Body Is Not An Apology* – Sonya Renee Taylor
- ◉ *My Grandmother’s Hands* – Resmaa Menakem
- ◉ *The Body Keeps the Score* – Bessel van der Kolk
- ◉ *Care Work: Dreaming Disability Justice* – Leah Lakshmi Piepzna-Samarasinha
- ◉ *Pleasure Activism* – adrienne maree brown



thank you!

any **questions** ?

- ◉ you can find me at www.shivani.co