Colorado’s Early Childhood Mental Health Strategic Plan: An Innovative Portfolio of Solutions

Endorsed by the Colorado Early Childhood Leadership Commission

**VISION**

All children and families are valued, socially and emotionally healthy, and their relationships are thriving.

**STRATEGIC PLAN PRIORITIES**

1. A long-term sustainable financing approach exists for Colorado’s early childhood mental health system.
2. Coordination and alignment exists across systems that promotes and extends collaboration and integration.
3. Colorado’s early childhood workforce has the capacity and expertise defined through knowledge, skills, experiences, and the support necessary to promote child and family mental health and well-being.

**RESULTS**

1. Young children develop to their fullest social–emotional potential; form close and secure interpersonal relationships; and are ready to explore the environment and learn.
2. Adults are knowledgeable about early childhood mental health and development and have the skills and mental well-being necessary to engage in responsive, supportive relationships with and on behalf of young children.
3. The continuum of supports and services including promotion, prevention, intervention, and treatment promotes early childhood mental health by building safe and healthy relationships and environments.
4. Local and state systems and the people of Colorado recognize the importance of early relationships and prioritize and support early childhood mental health in young children and families.
2015 Snapshot of Alignment of Goals to Other State Initiatives

A long-term sustainable financing approach exists for Colorado’s early childhood mental health system

- Decision makers and stakeholders have access to timely data that informs policy and funding investment opportunities for early childhood mental health
- State policies regarding payer reform, parity, and reimbursement for services address early childhood mental health needs across the continuum
- Appropriate tools that allow providers and families to understand and respond to the needs of young children in their caregiving contexts are available and reimbursable

Coordination and alignment exists across systems that promotes and extends collaboration and integration

- Early childhood mental health consultation is available in every region of the state and is accessible to a wide range of professionals who work with children and families in a variety of settings
- A universal and coordinated screening to surveillance system is supported across sectors
- Physical and behavioral health services are integrated within primary care settings to support early childhood mental health and well-being
- Best practices and effective clinical diagnosis, intervention, and treatment are expanded for those needing services at this level
- Barriers to access, utilization, and expected outcomes across the continuum of supports (i.e., promotion, prevention, intervention, and treatment) are identified and reduced

Colorado’s early childhood workforce has the capacity and expertise defined through knowledge, skills, experiences, and the support necessary to promote child and family mental health and well-being

- Post-secondary education experiences across disciplines incorporate social–emotional development and mental health awareness into curricula
- Professional development opportunities target social–emotional development and mental health awareness
- Supports and resources are provided to promote the mental health and well-being of those who work with children and families
- The Infant Mental Health Endorsement is used to inform consumers, employers, and institutions about competency in the early childhood workforce

= Colorado Opportunity Project = Colorado Shines = Early Childhood Colorado Partnership = First 1000 Days = Essentials for Childhood

= Help Me Grow = Project LAUNCH = LAUNCH Together = SIM = Two-Generation Work